

"It's easy to get caught up in the ebb and flow of life without taking time to reflect on the love we share with those who raised us. This mini book is that meditation, for my mother." -Chris

# ***Lovewashed***

**5.5 Reasons Why I Love My Mother**

**By Christopher von Spitzer**



*A mini book to celebrate the birth of a mother*

© 2010 By Christopher von Spitzer

This ebook is protected under the Creative Commons license. No Commercial use, no changes. Feel free to share it, print it, or copy it.

This ebook is available for free by visiting [www.happybirthdaymama.weebly.com](http://www.happybirthdaymama.weebly.com)

## **Quick Tip:**

To read this mini book the easiest way, hit control L, or choose  
WINDOW → FULL SCREEN VIEW or VIEW → FULL SCREEN.  
Then you can advance with the arrow keys.  
To return to your computer, hit ESC.

Thanks for reading.

## Table of Contents

Introduction: Happy Birthday Mama	4
Reason #1: This Mother of Mine Has Passion!	5
Reason #2: Her Story	6
Reason #3: She's a BBM: Bold, Bonding Machine	7
Reason #4: You're Somebody	8
Reason #5: Work Hard But Look Damn Good While You Do It	9
Reason #5.5: For Being A Mom	10
About the Author	11

## Introduction

**Happy  
Birthday  
Mama!**

Happy Birthday Mama! I made this mini-book as a way to celebrate your birth in a unique way and to reflect on a magical question: *Why do you love your mother?* Throughout this book I will be answering that question the best (no BS) way I can. Keep in mind mama I will be writing as if I am speaking to an audience, as that's the most comfortable way I know how to write.

-Hijo  
(Beijing, China Dec. 2010)

**#1****This Mother of  
Mine Has Passion!**

For as long as I can remember my mother is an example of having a tremendous passion for what she does. As I look up the definition in my computer dictionary it says: "an intense desire or enthusiasm for something."

This definitely describes a major quality of my mother. **"Call me biased if you may, but I have yet to meet a mother as passionate as mine."**

As a teacher, I've met a number of incredible mothers throughout my years in America and overseas. Call me biased if you may, but I have yet to meet a mother as passionate as mine. I was recently listening to an Anthony Robbins audio program on the 7 traits of a champion and the first one he mentions is *passion*. Therefore, I love my champion mother because she exudes passion that sets an example for me.

# #2 Her Story

If you ever get a chance to hear my mother's inspiring story, you're in for a treat.

## "It's your typical American dream story...but in style!"

Imagine coming to a foreign country without being able to construct a proper sentence in English. Imagine working in a factory for years-with worrying if you have enough money to survive-let alone eat. Imagine getting excited to take a risk in starting an upscale boutique and then having that sneaky voice whisper into your ear, "Can you really pull this off? It's your typical American Dream story...but in style! (Check out her feature story [here](#))

So I love my mother because her story will touch your heart...and then push you to get going and to GO! GO! GO!

#3

## She's A BBM: Bold, Bonding Machine

While I was growing up, I personally observed my mother's incredible ability to build instant rapport with anyone: in shops, stores, restaurants,-you name it she can do it. "Tenga personalidad" my mother used to say to me in Spanish while we were in public, which means, "have personality"-in other words be bold and bond. Whenever I find myself in situations where I know I need to stretch myself (and trust me there are many of those moments living in a foreign country) I can't help but have the image of my mom going for it.

**"Tenga personalidad" my mother used to say to me in Spanish while we were in public, which means, "have personality"-in other words be bold and bond."**

I love my mom because she is a BBM: Bold Bonding, Machine.

#4

## You're Somebody.

One of the deep human needs that we all have—regardless of race, gender, culture is a need of significance, to have a voice, that you're life on this planet meant something. When that human need is met, it showers us with fulfillment and joy. If you ever meet my mother, she makes you feel like you're somebody. No, I don't mean that in a superficial way, but in a bona fide manner. If you're her customer, you're somebody to her. If you're a friend, you're somebody to her. You're not just someone, but somebody to her. From the day I was born, my mother told me I was somebody. As corny as that sounds, that little declaration influenced my life in a deep level shaping my mission here on the planet. **"You're not just someone, but somebody to her."** Thanks mom. I love my mom because she makes you feel like you're somebody.

#5

**Work hard But Look Damn Good while You Do It.**

There is no doubt in my mind that if you step inside her up-scale boutique, you'll see a dynamic, fast-pacing woman moving back and forth through the store conversing, working, listening, laughing with several people all at once--in the latest Jimmy Choo shoes. That's my mom. When she works, she works *hard-in style*. Now I am not hinting I now work hard and look damn good while I do it--no, no. Looking good is my mom's passion, which is fashion not my cup of tea. What I am hinting at is passion is such a powerful driving force in our lives that it moves us to unleash our incredible amount of human potential we all have inside of us.

**"When she works, she works hard-in style."**

We all know that if you really want to achieve something with honor, be prepared to work hard for it, to fight for it with everything you've got. I love my mom for being that example of working hard.

**#5.5****For Being  
A Mom**

When we get to the end of our lives, in the final moments where we are going to say goodbye, what will we remember and cherish? If someone asked me in those final moments, why do you love your mother? – the first thing I would say without hesitation is because she was a mom. A mom who gives you advice whether you like it or not, is a coach, psychologist, wants to help you whether you like it or not, someone to disagree with, a cheerleader, role model, a protector, and more importantly, someone who loves you. I don't claim to have a high mother IQ or to know everything about what a mother has to go through in all those beginning years of a child growing up before they leave the nest, but I can tell you this-I love my mother. **"The first thing I would say without hesitation is because she was a mom."** Thanks mama.

**Happy  
Birthday  
Mama!  
December  
19<sup>th</sup> 2010**

## **About the Author**

---



### **CHRISTOPHER VON SPITZER**

is currently an ESL teacher for EF English First in Beijing, China. He was born in sunny Anaheim, California. His adolescent years were spent mostly in Irvine, CA with a couple of gap years in Colombia, Ecuador, and Florida. He graduated from the University of Wisconsin-Madison with a degree in Theater. In his spare time he attempts to study Chinese, writes original fables, and draws strange doodles to inspire weekly that can be all found at [www.christophervonspitzer.com](http://www.christophervonspitzer.com)